

# ESPRESSO

## NUTRITIONAL FACTS + INGREDIENTS

# StakZ FROZEN YOGURT



Need a boost but don't feel like drinking another cup of joe? Down a few spoonfuls of our fantastic Low Fat Espresso yogurt! This tasty treat packs a punch of flavor that's sure to jolt your taste buds!

### ALLERGENS:

- Milk: Yes
- Egg: No
- Wheat: No
- Soy: No
- Tree nut: No
- Peanut: No
- Sulfites: No

Ingredients: Milk, Sugar, Cream, Nonfat Milk, Whey, Corn Syrup, Coffee, Mono- and Diglycerides, Cellulose Gum, Guar Gum, Polysorbate 80, Carrageenan, Dextrose, Caramel Color, Lactic Acid

Cultured with the following Live Active Cultures: S. Thermophilus, L. Bulgaricus, L. Acidophilus, B. Bifidus and L. Casei.

This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.

## Nutrition Facts

Serving Size (89g)  
Servings Per Container

Amount Per Serving		
<b>Calories 120</b>		Calories from Fat 25
		% Daily Value*
<b>Total Fat</b> 3g		<b>4%</b>
Saturated Fat 2g		<b>10%</b>
Trans Fat 0g		
<b>Cholesterol</b> 5mg		<b>2%</b>
<b>Sodium</b> 60mg		<b>3%</b>
<b>Total Carbohydrate</b> 19g		<b>6%</b>
Dietary Fiber 0g		<b>0%</b>
Sugars 16g		
<b>Protein</b> 4g		
Vitamin A 2%	•	Vitamin C 4%
Calcium 15%	•	Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4



\*Products are only certified when bearing OUD symbol